



YOUNGSTOWN
ORTHOPAEDIC
ASSOCIATES

YOA is your one-stop shop
for bone, joint, spine and
sports injuries

It's the simple things in life that bring
us the most joy, but sometimes we don't realize
that until we can't move like we used to.

- When starting a lawnmower results in shooting pain
- When we have to say no to lifting up our grandchild
- When walking the dog around the block results in two days of soreness
- Or when we can't suit up for next weekend's high school football game

It hurts both mentally and physically to be robbed of our independence. We're all susceptible to orthopaedic injuries. The good news is we're also entitled to receive the best care. And at an affordable price.

Not Every Orthopaedic Injury Requires Surgery

Our practice is set up to provide the entire spectrum of orthopaedic care. We'll discuss all non-surgical options first. We'll also take a fresh look and offer you a second opinion on advice you get elsewhere.

When surgery is the answer, you're at the right place. From board-certified surgeons within each sub-specialty, to on-site imaging and physical and occupational therapy. We take great pride in returning you to the life you envisioned living.

The tri-county area's largest orthopaedic group can treat you in two conveniently located facilities in Howland and Boardman/Canfield.



CONVENIENT
LOCATIONS



ORTHOPAEDIC
URGENT CARE



PHYSICAL
THERAPY



The Mahoning Valley's **Only Orthopaedic Urgent Care**

Looking for an emergency room alternative after suffering a sports injury or muscle strain or sprain? Visit our Orthopaedic Urgent Care for the cost of an office visit – not an ER copay nor even an Urgent Care fee.

We see patients age-10 and up. Walk-ins are accepted and no physician referrals are required.

Located in:
Youngstown Orthopaedic Associates Building B
1499 Boardman-Canfield Road
(on the southeast corner of Rt. 224 and Tippecanoe Rd.)

New Trumbull Ortho Urgent Care opening October 2020

URGENT CARE HOURS

- 11 a.m. to 7 p.m. Monday-Friday
- 9 a.m. to 2 p.m. Saturday

CONDITIONS WE COMMONLY TREAT

- Sports injuries
- Workers' compensation injuries
- Dislocations
- Fractures
- Strains
- Sprains

Convenient and Cost-Effective MRI and Imaging Services + EMG

You don't have to be a YOA patient to have your scans done here.

Our advanced imaging capabilities offer many advantages, such as an eco-friendly energy-saving MRI machine, a comfortable experience – even for claustrophobic patients, and fast scan times and subspecialty interpretations.

Your physician will appreciate our timely, 24-hour turnaround on reports of what we interpret from your scans.

Experienced, Credentialed Staff

We pride ourselves on our convenience and friendly, knowledgeable staff. All our technologists are ARRT-registered, with extra credentialing in magnetic resonance imaging. Our team also has more than 20 years of combined technologist experience.

You Have a Choice in Where You Go for an MRI

Choose convenience. Choose expertise. Choose comfort. Choose Youngstown Orthopaedic Associates. When you're prescribed an MRI or x-ray for your injury, tell your doctor's office you'd like to get your imaging done at YOA.

Why YOA MRI?

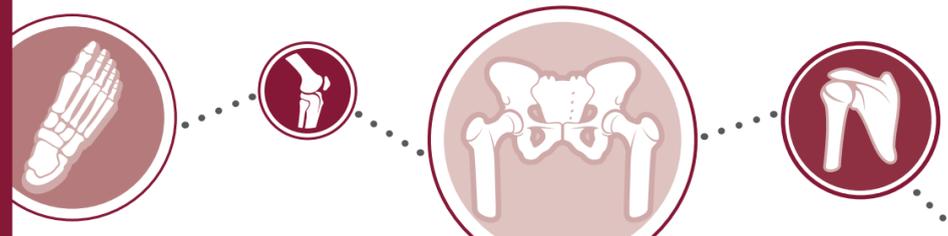
- Diagnostic imaging that's easy and affordable
- The cash-pay price we provide is the final price you pay – no extra charge for the radiologist or facility fees
- Board-certified and fellowship-trained radiologists evaluate your images

EMG Capabilities

Our promise is to make the EMG process quick and painless as we diagnose and evaluate the condition of muscles and the nerve cells that control them.

Our process:

- Our studies are conducted by a board-certified physiatrist trained in electromyography who dedicates time to the individual patient and tailors testing to individual complaints. This means no unnecessary shocks or needle sticks.
- Our specialist is trained in the diagnosis of a multitude of neurologic and musculoskeletal conditions from carpal tunnel and radiculopathies to myopathies and neuromuscular junction disorders.
- We use the most up-to-date software and hardware to ensure quality of studies while limiting the discomfort associated with testing as much as possible.
- Our quick referral process makes getting to the bottom of a condition fast and easy.



Compassionate, Experienced Physical Therapy Services ... with No Referrals Needed

Regardless of where you had your procedure, trust the highly skilled, highly motivated physical therapists at YOA to get you back on the road to mobility.

You have a choice of where you receive PT, and we hope you choose YOA.

Our facilities are laid out with state-of-the-art equipment and technology, as well a friendly, experienced staff of licensed physical therapists, and orthopaedic technicians.

Flexible Scheduling

We're open Monday-Friday from 7 a.m. to 5:30 p.m. and physician referrals are not required.

Take advantage of our direct communication with 12 specialty physicians to give insight and oversee your care.

No other PT clinic sees as many shoulder and total joint replacement patients as YOA.



Certified, Personalized Occupational and Hand Therapy Services

Let YOA help restore function to your hands and upper limbs with our personalized, one-on-one occupational and hand therapy services.

We specialize in post-operative and conservative management plans. And we treat post-surgical, acute and chronic problems such as:

- Elbow, wrist and hand fractures
- Carpal tunnel syndrome
- Tennis elbow
- Mallet fingers
- Finger fractures and dislocations
- Game keepers thumb
- Other acute traumas

Common Treatments Available

- Custom-made splints
- Edema care/compression
- Desensitization/sensory re-education
- Mobilization techniques
- Scar management
- Strengthening
- Wound care



YOA Welcomes Two Newest Physicians



Get to Know Dr. McElroy

Dr. Matthew McElroy, a Poland native, is a board-certified physiatrist and is fellowship trained in interventional spine and sports medicine. He specializes in the treatment of spine and joint related pain, as well as electro-diagnostic medicine.

His goal is to help alleviate his patients' acute and chronic pain issues using various conventional and cutting edge interventions, including Epidural Steroid Injections, Intracept® Procedure, Superior® Interspinous Spacer, Spinal Cord Stimulators, Kyphoplasty/Vertebroplasty, Sympathetic Blocks, Radiofrequency Ablation, Ultrasound Guided Injections, and regenerative medicine such as Platelet Rich Plasma and Stem Cells.

Prior to joining YOA, Dr. McElroy received his medical degree from Northeast Ohio Medical University. He completed his residency in Physical Medicine and Rehabilitation at Albany Medical Center in Albany, N.Y and a fellowship in Interventional Spine and Sports Medicine at the Alabama Orthopedic Spine and Sports facility in Birmingham, Ala.

He is a member of the American Medical Association, American Academy of Physical Medicine and Rehabilitation, Spine Intervention Society, and the North American Spinal Society.

Dr. McElroy is accepting new patients in the Boardman and Howland locations. To schedule an appointment, please contact us at 330-758-0577.



Get to Know Dr. Berdis

An Austintown native, Dr. Anthony Berdis specializes in sports medicine and arthroscopic surgery. The 2014 graduate of the Ohio University Heritage College of Osteopathic Medicine is also a 2010 graduate of Youngstown State University with a B.S. in Biology.

His goal is to connect individually with each of his patients and help them overcome any injury using the most appropriate treatment for their unique situation.

Dr. Berdis completed his residency in Orthopedic Surgery at the Aultman Hospital in Canton, Ohio and a fellowship in Sports Medicine at the Beacon Orthopaedic Research & Education Foundation in Cincinnati. His research on ACL reconstruction in adolescent patients has been published in the Journal of Arthroscopic and Related Surgery.

During his residency and fellowships, he gained extensive sports medicine experience working as head or assistant team physician for high school, college and professional sports teams, including the Canton Charge, Cincinnati Reds and PGA Tour.

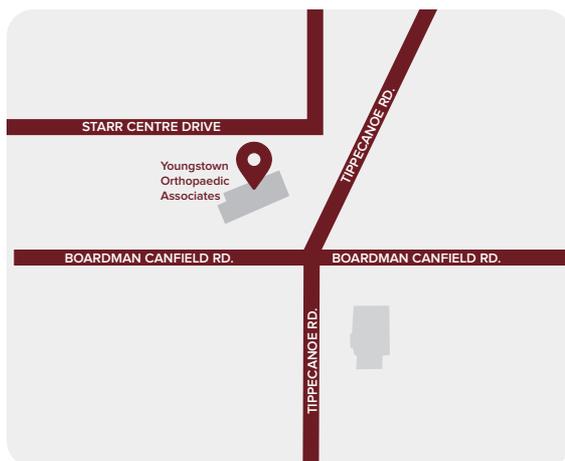
Dr. Berdis will begin seeing new patients in the Howland location September 2020. To schedule an appointment, please contact us at 330-758-0577.



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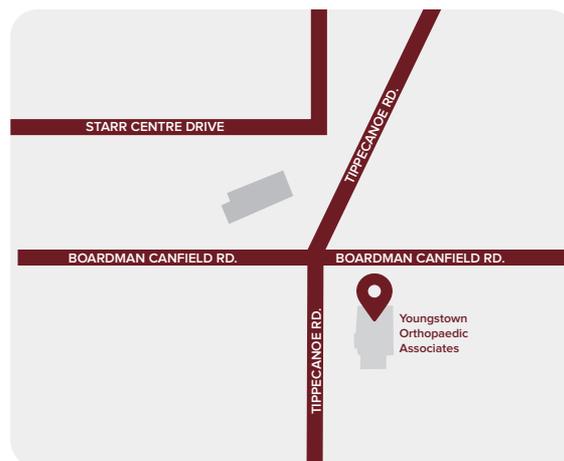
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www.youngstownortho.com



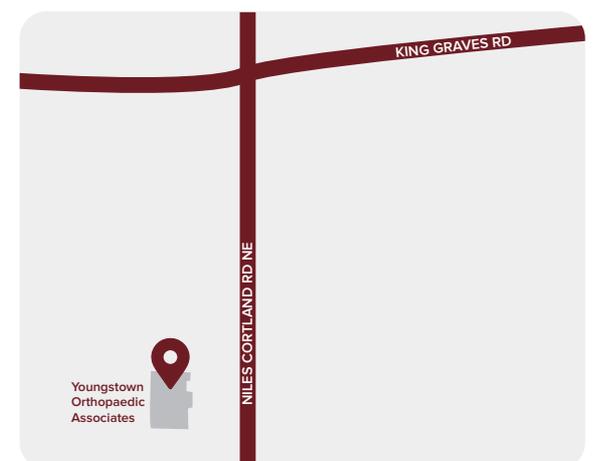
Building A

6470 Tippecanoe Rd.,
Canfield, Ohio 44406



Building B

1499 Boardman-Canfield Rd.
Boardman, Ohio 44512



Howland Office

1695 Niles-Cortland Rd. NE
Warren, Ohio 44484